WHAT TO DO IF TRAPPED IN A LIFT WITH A DENTIST

A COLLECTION OF POEMS
by
MARK LEWIS

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CONFESSION

Hello, my name is Mark and I'm a poet.

Before you ask, yes, I do know it
for how could one be a poet and not know what one was?

It sounds like a confession I know:

Hello my name is Mark and I'm an alcoholic
Hello my name is Mark and I'm a drug addict.

Hello my name is Mark and I'm guilty of fraud, perjury, insider trading and perverting the course of justice.

Oh no, that wasn't me, that was Jeffery Archer.

Hello, I'm Mark and this is a poem.
I'm not quite sure where it's going
I'm not quite sure where it's been
or if it's ever been heard or seen.
Does it exist as I write this line?
Will I finish this poem in time?
Will I accidentally commit a crime?
If I did would it help the rhyme?
What is this poem all about?
Will I read it in a whisper or shout?
In constructing the verse will I flout

the acceptable forms of linguistic structure, rhythm and rhyming scheme?

I still don't know what I'm writing about
so therefore I can't do an about turn
until I learn

until I learn to discern

between transitory, incoherent ideas that flit through my mind and those that are actually suitable for inclusion in poetry.

Sorry.

THINGS I WAS PROMISED BY 'TOMORROW'S WORLD' WHEN I WAS A CHILD AND HAVE SUBSEQUENTLY BEEN DISAPPOINTED BY THE ABSENCE OF

Where are my x-ray specs? Where is my hovercraft? Where are my silver trousers? I know it may sound daft but I was promised these things when I was in school perhaps all those presenters were playing me for a fool I realise that making a spaceship is probably quite hard but I expected to have my own by now thanks to William Woolard All these things were promised to me and all of us but when I want to go somewhere I still have to take the bus I don't have a teleport bracelet I don't have a hover car I've never seen robot slaves or a titanium bra

I don't have a time machine or a personal dinosaur farm
I don't have my meals in a tablet or a bionic arm
It's not that we need these things they are not necessary but we were promised them all by those people on the telly
Still they have not materialised within the world at large but I suppose if we all had jetpacs there'd be an airborn congestion charge

10 THINGS YOU WOULDN'T WANT FOR CHRISTMAS

A dead robin in a sock, a relaxation CD
that appears to be voiced by Ian Paisley
A pair of trainers pickled in bree
A vague sense of inadequacy
A perambulating hamster nailed to the knee
of a disgruntled member of a select committee
A piano where every single key
has been replaced by a rotting flea
A rotating vicar nailed to a tree
A swarm of traffic wardens exploding with glee
The bill for Elton John's latest spending spree
Some feces in a hammock I think you will agree
You wouldn't want these presents and neither would me

THE IDIOT'S GUIDE TO RELIGION

Old and wrong ideas, superstitious fears killing in the name all gods are the same none of them exist just ghosts in the mist that fall across a mind and say that death is kind 'they're in a better place'? Come say that to my face

Empirically you're wrong, another empty song it's gone on for too long no faith can be that strong god's boot stamps on your face yet still there is no trace of doubt within your heart that you still stand apart from those who don't believe and those who don't receive god's guidance and love and all those myths from up above

Just wake up and see, it's wrong logically you are just like me, a random entity the universe has no soul and neither do we we're just byproducts of chemistry Impersonal laws, no purpose here but this is not a cause for fear we're all free to decide our own will so choose with pride choosing gives you life you see don't abdicate responsibility

there's no need to subjugate your freewill or live by fate wake up and define yourself seize your essence live your life

it's not nihilism, it's just realism it's just real it's just truth it's just life

WHY I DON'T WATCH TELEVISION

Death and destruction, another new faction waring religions, old superstitions too much bad science and too much reliance on opinion polls by who alone knows I can't watch the news, the bigoted views the stupidity it terrifies me here's what to think and how much to drink then expect me to vote it's beyond a joke my intelligence insulted each day I cannot believe anything you say daily the lies burn into my eyes all of your fears burn into my ears opinion as fact tell me how to act tell me what to think push me to the brink

That's why I don't watch television because I hold you in derision a media prompt for every decision politics and truth a mighty collision statistics are lies the government tries as they patronise with wool over eyes democracy fake they're all on the take for their own sake election mistake

Entertainment stultifies, paint drying before your eyes
watch the news absorb the lies as media opinion tries
to make you scared of everyone feel the fear as you succumb
to their desire for fear and hate divide and rule so they create
an enemy for everyone to be against so we become
a nation scared to move or breathe and government can rule with ease
cos frightened voters don't protest when they know government knows best
so don't accept what you are told and don't believe the lies you're sold
think for yourself be smart and proud don't just do what is allowed
by men in suits who live for power stand firm and we will have our hour

5 THINGS YOU WOULDN'T WANT TO READ IN A TEXT MESSAGE

1

Hope you're enjoying your evening out, I've just burgled your house, I've left the fridge and cooker and a squashed, dead mouse.

Other than those three items, I've taken the bloody lot oh, and your tooth brush has been up my arse

2

I saw you last week on the train, you noticed me I think
I wore a loin cloth and trilby can I take you out for a drink?
I followed you home that night so I already know your address
I also went through your wardrobe can you please wear that bright red dress?

3

I've just been checking my list and it's time to come for you I'll call to collect you tomorrow at around half past two if you could please be ready to take your last breath I'll be wearing a cloak and scythe Yours sincerely, Death.

4

You don't know me but I'm your real father

5

Your phone isn't working, you must be imagining this sentence.

CLONING AROUND

I heard on the news today they've cloned a sniffer dog and now there's global panic that they'll go the whole hog and clone a human being for some nefarious reason which to the unscientific is tantamount to treason "They'll be cloning Hitler next, or Stalin or Hussain," the ignorant will cry without trying to explain why anyone would want to clone a dead dictator or who they actually think would be the instigator of such a pointless act, who would even bother? One Hitler was bad enough we do not need another But that's okay because it's all impossible you'd have to copy everything, experience and all You can't copy someones life revive their history so even a genetic clone has a new personality so, you see, there'll be no new Hitler or Stalin or Hussain so let's get some perspective, back to normality again

EARLY LEARNING

When I was five I almost ran into the middle of the road
My mother held me back, or else I'd have become a squashed-flat toad
She said to me "If you'd done that then there would have been no more Mark"
This hit me like a firing squad and suddenly I saw the dark
the place called death where we all go when time is up and it's our turn
a lesson I did not want to hear but one that we all have to learn
that life is so ephemeral, one small mistake, it disappears
I know it's unavoidable, but it's haunted me these thirty years
that one day I just won't exist, I'll disappear into the mist
and there'll be nothing left of me except a bit of poetry

EMPIRIC DILEMMA

Sometimes the corner of my eye deceives me into seeing things that are not there, do not exist. What is this falseness my eye brings? If we can't trust the evidence of our own eyes then where are we?

Do we believe in anything in this world that we think we see?

Some people think that they've seen ghosts or aliens and UFOs;
some people think they've talked to god who tells them how to solve their woes.

Are any of us really here or are we figments in a dream?

Descartes thought he really was but are things as they really seem?

Can we be sure of anything? Is life just one big massive lie that we don't get an answer to at any time, and then we die?

JUST CHANGE YOURSELF

It's not going to happen You want to save the world nice idea but you'll still fail You can never change anything except yourself just change yourself The world is too big and complex everything runs on chaos theory No one can predict the outcome of their actions we can never kill the planet only ourselves We are not that important and the universe doesn't know we're here mother earth is as anthropomorphic as the big guy sitting on a cloud We must all wake up and accept that we're nothing more than random chemical events In humanity there is no divinity just a lot of stupidity and that's what calls the shots cos the guys who run the world all want the fools gold which they covet so much that they stamp on us all to get to it but we'll have the last laugh because

> None of them rule the world we are not the world we only move in our own tiny circles and it's time to adjust our view

It's not going to happen
We can't change the world
only ourselves
so let's do it and make the world
a better place for *all* by removing the stupidity
and false values that blind our minds

If all the people in the world starting thinking for just five minutes each day then we will have markedly improved our lot and someone like Bush can never rise again

Just change yourself

JUST LOOK UP

Sometimes at night I look up to the sky the infinity of stars makes me want to cry not from unhappiness but out of sheer awe at the sense of infinity the sky is big, for sure.

Some of those distant lights are bigger than our Earth yet still people think there's something special in their birth that they are so important when they are patently not cos even our whole planet is a dot upon a dot An infinity of space-time should give us pause for thought and make us quick to question the huge arrogance we're taught so look up at the night sky and just take in the view there's nothing special about me and nothing special about you

But that's not a cause for heartache cos we're here and it is now so let's crack on with living before we take our final bow

WHAT TO DO IF TRAPPED IN A LIFT WITH A DENTIST

If you have brought your own wolf with you then obviously all is well. If you have forgotten your wolf you will understandably start to panic. However, providing the dentist is in agreement, an adequate substitute is to whistle the chorus of 'Too Shy' by Kajagoogoo until the emergency services arrive.

WHAT TO DO IF TRAPPED IN A LIFT WITH A DOCTOR

The procedure for wolf replacement is similar to that outlined above but involves playing the theme to 'Test Match Special' with spoons and matchsticks.

If you have forgotten to bring your spoons and matchsticks with you then a comb and paper will just about do, but be warned that whistling will have no effect.

WHAT TO DO IF TRAPPED IN A KIOSK WITH A CABINET MINISTER

If you have forgotten your tear gas then it is legally permissible after ten minutes has elapsed to release your wolf.

Anyone foolish enough to enter an enclosed space with a cabinet minster without adequate wolf protection deserves everything they get.

It is, however, advisable to ascertain their exact cabinet position.

If you discover that they are only a junior minister then you must wait twenty minutes before releasing the wolf.

WHAT TO DO IF TRAPPED IN A KIOSK WITH MICHAEL HESSLETINE

Run like fuck. The wolf will be of no use.

HOW DO THEY DO IT?

How do they do it the murderers, the rapists and bully boys?
Inflicting pain and violence treating people just like toys.
I don't know how they sleep at night or what could motivate a human being to become such an incessant ball of hate.
What do they think they've achieved? Is it something they enjoy?
Does it fill their hearts with glee when they seek out and destroy?
Do they think they're better than the people they abuse and kill and will they just go on and on never having had their fill?
It mystifies me every day that somebody gets such a thrill from ruining and taking lives it must be such a special skill.
The politicians aren't exempt I don't know how they sleep at all after each and every busy day of shoving us against the wall of intransigence, low intelligence, no recompense, on the fence.

I've always wanted a quiet life and those I meet are much the same they seem to realise that life is merely an absurdist game that nothing is worth dying for and nobody's worth killing that we're all equal in this game nobody has top billing but still I see that I'm obliged to do no harm to others and not to bully or harass my sisters or my brothers so why can't everybody see that this is just the way to be? Why is there so much penury so many inflicting misery?

How do they do it? Why do they do it? What are we going to do about it?

WHITE COFFINS

When I was twelve a friend of mine died. He was eleven and I went to his funeral.

In the back row of the chapel I ogled the girls from his school and thought how nice they all were even though they were visibly distraught.

The dreary, depressing music piped up and we all stood up.

I became aware of movement behind me and four men came in carrying a wooden box.

I'd never been to a funeral before and I'd never been two feet away from a coffin. As it passed slowly by my head a horrible thought leapt unbidden into my mind:

"Oh shit! Mark's in there!" Then I thought "Hang on, no he isn't."

Then I thought "If *he's* not in there, what *is* in the coffin?"

I was suddenly stuck in a metaphysical paradox and as a man chanted the meaningless liturgies and platitudes my mind was racing in all directions at once.

At the end of the pointless service of empty words and false comforts I realised that I'd cried enough to leave a large puddle on the stone floor and it struck me as odd that my face could contain that much liquid and also, absurdly, that perhaps I should offer to clear it up.

Throughout the service I looked fixedly at the back of the pew in front - anywhere but the coffin. Why do they put kids in white coffins? It's a fucking horrible thing to do.

I seems to say "This person never had a life".

Small coffins are bad enough anyway but *don't* use white ones.

Afterwards, all the adults were stuffing their faces with food and drink, and laughing and joking. I was really puzzled and angry.

"Hang on," I wanted to shout, "we've just cremated an eleven year old boy, what the fuck are you doing?"

Now I understand: they ate and drank to *experience* something to use their senses, to feel *alive*.

They laughed and joked about trivial things

because nobody wanted to talk about why we were gathered there and what had just happened because there were no words to speak.

Now I understand - it's known as displacement.

Twenty three years later I understand all too well.

At the time I didn't, couldn't, didn't want to, delete as applicable.

So I went outside and sat alone in the middle of a large field.

It seemed like days, that half an hour, and it changed me forever.

Never such innocence again.

I looked up at the sky and shouted aloud

"Okay, you bastard, explain this one."

I closed my eyes and sarcastically awaited a reply. None arrived, of course:
no answer to my anthropomorphic gesture of desperation
because there are no gods, no angels, no heaven, no hell, no answer.
The only things in the universe are physical matter and abstract concepts
and you can't have the latter without the former because ideas only exist in the mind

and a mind is only a metaphysical abstraction of a physical brain.

Consciousness is electricity and chemicals and nothing else
and so is the universe.

Therefore I received no answer, but I never expected to so eventually I got up and rejoined the party In one sense, but never in the other.

WHO BRED ALL THE REPUBLICANS?

Who bred all the Republicans? Let's see if we can find out. Which pharmaceutical laboratory or government agency was responsible?

They certainly can't have arisen by the process

we've come to know as natural selection

Cos they're all twisted and wrong

and most definitely unnatural.

They're very much the duck-billed-platypus of the political world; ugly and pointless.

In any case, Republicans are mostly bible-bashers

who don't believe in natural selection

Despite the fact that we all have fish bones

in our necks from our evolutionary past.

They really should have stopped breeding a long time ago even before Reagan began to appear in cowboy films

Where did all the Republicans come from?

Who was responsible?

Please tell us so we can find them

and beat them around the knees and ankles

with sticks and raw sewage.

Oh dear, now we come to the Bush family?

Such an abomination of nature

they're even more twisted and wrong than the previous lot.

They're so faulty and inbred

they could even be members of our very own royal family.

What sort of a gene pool do they have in Texas? It's so small it may even be *subatomic* Similar in size to a quark or even a Higgs-Boson and that's a very small particle/gene pool.

REPETITION

Life consists of experiences That's all we have except memories of previous experiences Why do we seem to prefer to live in memories rather then experiencing something new? And how much of our experience is genuinely new anyway? So much of what we do and think is merely repetition of a previous action or thought Memories are inherently unreliable they are not an accurate record they are coloured and shaped by our present mood If memories aren't really memories and experience and thought is mostly repetitious then what do we actually have? What does human existence really consist of? Ah, there's the question The one that poets and philosophers have been begging for years begging for an answer May I posit that, like matter what we have is Potential Difference We all have the capacity to reach above the mundane to transcend the daily grind of anxiety and doubt to silence the incessant, futile chatter of our fragmented minds. So why don't we?

Why do so few even try?

There's no indication that this will cease to be the case any time soon and therefore no indication that the chaotic mess of human society will be resolved any time soon.

Until then, we will always have poets and philosophers. I've been a slave to poetry and philosophy all my life I don't mean that I look to poets and philosophers for answers though that used to be the case

but rather that I write in order to understand I now have most of the answers I always sought If I had all of them, would I still write? Sarte said that people write in order to understand life

Does that mean that when you understand life you stop writing?

Writing is my life I don't really do anything else nothing that interests me anyway So if I ever had all the answers and was completely content would I actually be worse off? If you can pass each day happily without thinking about all this stuff

then be thankful you're not a poet
It's a filthy job
But somebody's got to do it

Well I have to

PORNIFICATION

Some of us men have sense Don't stereotype us all I personally hate violence and porn and football. I'm deeply disturbed by adverts with women in revealing tops clearly dressed as schoolgirls displayed on our bus stops. What message should I take from this and does it matter much? Does it bother other people or am I out of touch? Is it a post modern joke I wasn't invited to? I don't want porn at bus stops But some obviously do. I once saw a girl of twenty and written on her t-shirt was 'I'm gagging for an F.C.U.K.' is that how modern girls flirt? For half a horrid second a primeval side of me pictured what I'd do to her up against a tree. I'm a gentleman I'd never cross the line but others often do not just from time to time.

The bus stops are bad enough but this was so much worse I felt physically ill at my testosterone curse. I wanted to warn her about what had flashed through my head but it would doubtless be a tricky path to tread. I loathe this kind of branding that doubtless comes from men provoking my libido again and again and again. You may think I'm overreacting but listen to the next verse and then tell me that this isn't all a terrible curse.

Once I saw a girl of eight with mini-skirted hips her hair all in bunches and scarlet painted lips the image of a prostitute she walked with her mother I wanted to punch that woman but of course I didn't bother. Instead I bottled up my anger and a violent urge to cry 'when did this start happening and someone tell me why?' Why would a mother do that does she think it's fancy dress? Where do you buy those clothes from who are they meant to impress? All they did to me was leave me in distress what did the future hold for this junior mistress? Not to mention the 'Playboy' skirts And 'porn star' t shirts Is that what people now aspire to? I really wish I had a clue.

This isn't unconnected to the adverts using sex to sell me everything from razors to Vitamin B Complex. It's all so disturbing I don't know where to turn from the provoking images into my eyes they burn. I don't know where to go now but I thought I'd write this poem Cos if you're a woman these things are all worth knowing. They may not have occurred to you but here's my point of view is this how things should be? Is there anything we can do? That woman with the t-shirt is of course not to blame and part of me liked it to my everlasting shame but I wouldn't be surprised if she thinks a suffragette was an early 80s punk band that's how bad things can get. Emancipation isn't getting your tits out and drinking tons of lager and behaving like a lout.

Being a man isn't
competing in stupidity
so grow up now
And find some lucidity
And stop the post-modern rape jokes
And stop acting like blokes
And act like a human being instead
Start thinking with your head
We all need higher ideals
To feel what our neighbour feels
Embracing humanism
Isn't high idealism
It's just realism.

PACKED LUNCH

Once in junior school
I couldn't stomach the food
my mother had given me
cos it wasn't very good
sandwiches I didn't like
filled my tupperware
every day at lunchtime
I wished that they weren't there
I tried to eat a bit of them
but couldn't manage a sliver
so on the way home
I threw them in the river

The next day once again
I had some similar muck
packed up in tin foil
just my rotten luck
I don't know what was in them
whether it was fish or hog
and so it was, when I got home
I flushed them down the bog
Sadly, though they floated
and were soon discovered
and therefore I was punished
they locked me in the cupboard

That last line was a lie
but I couldn't find a rhyme
for the events that actually happened
when I was told to apologise but wouldn't
and ended up standing on the landing for an hour
looking at my fish tank
They had a weird idea of punishment in my family

1234

1 2 3 4 hundred times I wish you'd shut your face I cannot stand your idle thoughts
I wish you knew your place
It's further down the food chain
than a human should reside
but that's your place cos you're
something amobeas can deride

1 2 3 4 thousand times
I cringe at things you say
you never cease to amaze me
it just gets worse each day
Ideas drip from your mind
I just wish they were fewer
cos everything you say is
like the outflow of a sewer

1 2 3 4 million times
my skin crawls when you speak
it makes me questions Darwin
that a mind can be so weak
If you see a book it frightens you
and science is a far off land
there was nothing natural in your selection
you cannot have been planned

1 2 3 4 billion times
you fail to think each day
a life of hate and ignorance
is your moronic way
you're pointless and redundant
there is nothing you can do
however many times I try
I can't see the point of you
Forgive me if you think
this is just bitter polemic
I wish you were just one person
but you're now an epidemic

WI-FLI

I wonder
if a mayfly
ever thinks
about the good old days,
when it was only lunchtime?

8 THINGS YOU CAN DO ON A TRAIN

1

Go to the toilets and rub a dead fox across your face it may just possibly improve the smell of the place. Sellotape a photo of Hitler onto a beer mat and then smear his face with a gallon of pig fat.

3

Pretend you're using a laptop by folding some cardboard in half and writing a windows error message to make the Mac users laugh.

4

Pretend you're using an i-pod by placing a bee in each ear and holding a gaudy pencil case to be in a pain in everyone's rear.

5

Entertain the passengers stretch your legs for a while by frantically goose stepping up and down the aisle.

6

Pretend to be tory, read the Daily Mail and smile and, to be extra convincing, goose step down the aisle.

7

Creep up behind Michael Portillo while he is unaware put his elbows in a soda stream and just leave him there.

8

When the guard comes around pretend to be asleep refuse to produce your ticket as a protest against the extortionate prices and poor service.

15 YEARS

I should've been here 15 years ago but I sat and wasted so much time on self doubt and pointless misery I never stood to claim what's mine

Now I'm where I always wanted living on my own happy and free others' opinions no longer fill my head I've climbed out of the family tree

To a land where my mind is clear free of doubt and pressure from outside now I carry out plans successfully walk forward through my life with pride

The rules say I should be dead by now and I would be if others had their say

the world did its' best to get rid of me but now I'm stronger and here to stay

You can still doubt me if you want to for not having a mortgage or a car but I can do without those encumbrances I know where I'm going and that's far

So far away from you, you can't conceive of where I am already at cos now I am no longer holding back I'm running free and that is that

A fact you cannot even comprehend cos you don't know what freedom means you're just a drone who plays the lottery perpetuating recessive genes

Success to you is living hell to me I wouldn't go there for any price No one can ever buy me now I see straight through you in a trice

So from now on it is my life To do with whatever I choose I won't ever see things your way or walk a millimeter in your shoes

Cos I am self perpetuating I make my choices for myself Now my path is clear in front of me I've got down from the dusty shelf

Where people sit and waste a lifetime being a drone or sheep or clone I don't need your advice or platitudes I can succeed now on my own

Cos it's my rules, my terms, my strategy
I'm playing now in my own game
Don't you dare to try and copy me
cos you and I are not the same

You must decide upon your own path don't look to me or anyone It's not society you should look to think for yourself, that's lesson done

21st CENTURY BLUES

I've got the 21st century blues I'm a man out of his time I've got the 21st century blues Politicians lies and crime Everywhere things going wrong
Does the human race have long?
We haven't evolved
in the last 40,000 years
Perhaps that explains
all our confusions and fears
Still fighting tribal battles
internecine strife and hate
Outdated racial conflict
battles between church and state
Archaic superstition
Informs political decision
religious contradiction
leads us all into perdition

I've got the 21st century blues a planet swallowed by the internet I've got the 21st century blues So many things we just forget Like how to speak to people conversation face to face Can we get off this insane path or will Bush have the last laugh? With his finger on the button as god whispers in his ear a delusional fool creating hate and fear

I've got the 21st century blues Will I live to see a change I've got the 21st century blues In this world it's me who's strange Cos I don't need a belief For existential relief You call me infidel and want to send me down to hell but there is no such place so blow the smile off your face When I die I'm going nowhere and you will rot like me In the end we're all just microbes the truth you refuse to see Your world view so distorted that your mind is never free

I've got the 21st century blues but at least I am still me I've got the 21st century blues but at least my mind is free

ODE TO A BAG OF LEAVES

I really, really, really love a cup of tea

it's tasty it fuels me it makes me happy

SUPPLEMENTARY QUESTION

At what point should a towel be washed?

WAITER

I went up to a 34 waist
and in haste
I threw out loads of my trousers.
Then I lost a bit of weight
and wished I'd wait
ed
before discarding several pairs of 32 waist trousers.

WASTED CYCLE

I hate it when I put some trousers in the wash and forget a bit of tissue it's a frustrating issue.

CHINESE SNOOKER

In snooker when a player is hampered by having to cue over another ball which is directly behind the cue ball it is known as a 'Chinese snooker'. Now that there are increasing number of top Chinese players will they have to call it something else? May I suggest a 'reverse snooker' since that's what it actually is? It was called a 'Chinese snooker' because it's a 'back to front' snooker and Chinese writing is back to front when compared to written English. But surely that means the Chinese players should call it an 'English snooker', which would become rather confusing? The same event is viewed differently depending on the observer rather like the wave/particle duality at the heart of quantum physics. I had no idea that would be the last line when I started writing this poem. But it isn't now because that was. No that was. No that was

No *this* is. Definitely.

DIE FOR YOUR BELIEFS

Die for your beliefs if you want to but don't expect me to join you Killing yourself for god supreme act of stupidity even if there was a heaven they wouldn't let you in Destroy yourself if you want to but don't expect me to join you Holy War – oxymoron War for Peace – oxymoron Peacekeeping Force – oxymoron form a queue – you're a moron Pray for guns pray for bombs pray for death your wish is granted Israel kill with impunity we'll all let you do it nobody dares say anything cos you're not allowed to criticise the jews so we let them invade a country what kind of sense does that make? We're all so guilty about world war two that we'll let them start a third one America sends them blessings and weapons cos they can't upset the business men The age old foreign policy prop up one tyranny to counterbalance another That's been a resounding success over the years, hasn't it? Oh I forgot Americans don't understand irony

CHOICE

Choice is the new buzzword
We've choice in everything
A multitude of options
None of which in any way fit our requirements.

DISEMBODIED BODY

Sometimes when I'm sitting down it can seem to be the case that my legs don't belong to me a strange prospect to face

and disassociated I know it's a false thought but my mind won't be placated I feel disembodied like a mind without a head like my body has been stolen and I've another one instead I just cannot relate to this gristle and this bone and can't shake the feeling that this bodies not my own It won't do what I tell it it always misbehaves sometimes it will do something that doesn't even rhyme from time to time it's not a crime but it's not sublime and it's quite inconvenient when I walk into a lamp post

They look so unfamiliar

FREE TRADE

Sanctions only hurt the poor the disaffected the powerless while the leaders remain in their ivory tower counting their money and their power Sanctions don't work they're political sophistry smoke and mirrors a pretence at action and conscience from people who know the meaning of neither Free trade means freedom for everyone including the tyrants a genuine world wide free market free from protectionism and subsidy

We also need a world wide free market
for ideas
Ideas can't hurt anyone
Only actions and people hurt people
We need to be free to express ideas
without worrying about offending people
or falling foul of draconian laws
designed to restrict free thought
We should give all ideas free reign
no matter how absurd or offensive
they may be to some
and allow natural selection to take it's course
When everything is out in the open

the unworkable and the hateful can be dealt with in an adult manner instead of becoming merely 'taboo' which means nothing is ever dealt with and nothing ever resolved so the unworkable and the hateful continue and perpetuate Middle class liberals congratulate themselves on not using 'the n-word' or 'the p-word' and think that they have solved racism Just because you don't talk about something doesn't mean it ceases to exist Prejudice and hate are not leprechauns they are viruses They don't fade away if ignored they have to be dealt with Deal with them openly in a free market

Meanwhile, I reserve the right to disagree with your ideas and I reserve the right to express ideas you may disagree with that's called democracy If I express something genuinely hateful I will be admonished for it and most people will turn against me but I should not and will not be admonished because someone disagrees with my ideas and values There is and never will be a universally agreed set of moral principles so we have to accommodate each other So long as I'm not harming you and you're not harming me then why can't we just let each other be and live in a world of peace and harmony?

GET A LIFE

Do I have to live
life as it's been planned
childhood draws the map
freewill has been banned
I am not like you
I just can't accept
this is all there is
people so inept
we're all free to change
ourselves any time
sentence living death
but what was the crime?

Get a life future in your hands past all in you minds so get a life

Define yourself as is not as you once were it's you who calls the shots of that you can be sure no one else knows what is inside your head follow your own mind cos too soon we're all dead

No one else's opinions matter when they say things you know are false so don't be lead astray decide on you own path and follow to the end cos no one's walking with you it's all just cruel pretend No one knows each other we can't communicate except in black and white and good and bad and love and hate so banish useless stereotypes put precedent in the bin cos the past is killing us the deadliest of all sin

Written by the winning side
all history is lies
so let's live in the present
lift the wool from our eyes
deal with individuals
not what you expect
think about all situations
and we can all get a life

ITEMS YOU SHOULD AVOID BUYING AT A CAR BOOT SALE

2nd hand underwear
a human spleen
foreign children
sight unseen
wigs that move
food priced in shillings
any sandwiches
with unidentifiable fillings
soiled bandages
clothes from an orange bag
cars with bullet holes
a swastika flag

packets of medication adorned with foreign writing mobile phones with video footage of fighting shoes that smell of camonbere or bree laptops stamped 'property of the M.O.D.'

KNOWLEDGE

Knowledge is not intelligence

intelligence is thinking for yourself

knowledge is resurecting the thoughts of others

history is a corpse leave it alone

it teaches us nothing except how to repeat past mistakes again and again and again

WAR

War what is it good for? Reinvigorating depressed economies and winning elections

MIDDLE CLASS LAND

Some live in middle class land with pensions a prime concern conversations about investments with high yield return they'll move to another county so Tarquin can have a good school and grow up and work in the city and join an investment pool they drive their 2.4 volvos around the corner to the shops I'd like to give them a really good smack around the chops

NO FUN IN MISERY

When I was thirteen
I thought my life was over
I locked myself in the bathroom
And cut myself with a razor blade

A sharp dose of reality 101 in negativity But that path was not for me There's no fun in misery

I really thought I would die in there
So I put on side two of a favourite album
The first song talked of heaven
And I cried 'cos I knew there was no such place

A sharp dose of reality
I thought in oblivion I'd be free
But that way lies insanity
There's no fun in misery

Depression was never a lifestyle choice I never wore black or painted my face It never made me more interesting Just more annoying to be around

A sharp dose of reality
I wanted to see my blood run free
But I'm very squeamish, luckily
So I stepped back from stupidity
No prescribed identity
I have centre of gravity
Freewill and integrity
Know your own mind and you'll be free

OPTIONS

For sarcasm press 1
For irony press 2
For intransigence press 3
For insults press 4
For incomprehensible technical support press 5
To speak to somebody helpful
Press the hash key
Whereupon you will be given a list of alternative service providers with a less ridiculous automated phone system

PERSPECTIVE

There are seven billion people on this planet
There are more stars in our galaxy
There are billions of galaxies

There are a hundred undiscovered species
for every square meter of ocean
The planet is four and a half billion years old
Humans have been here for a couple of million years
What makes you think we're special?
Yes, I know, we're the only species
that study the Universe

we've created societies and systems we're the only ones with self-awareness and higher consciousness but what have we done with it?

What have *you* done today with your higher consciousness?

Watched the telly? Had an argument? Made a sandwich? Started a war?

If we're a species apart
then why do we behave like animals?
Because we are animals
we're monkeys with delusions
In anthropocentric ignorance
we treat the world as if it's been put here for our benefit

It was here long before us and it'll be here long after we've been snuffed out or snuffed ourselves out

We cannot get perspective on our consciousness because we view everything *through* our consciousness and you cannot view a microscope through itself Even if most people no longer think we're the centre of the Universe many still think we're the most important species on the planet We are not. We are just another species of microbe bundles of protein in fancy dress

PASSING TIME

Passing water is a polite euphemism and so is passing time. Pissing your life away what a wasteful crime.

PROGRESS?

We managed perfectly well
without mobile phones and websites
How much more stuff
will the future bring us
that we don't really need?
All they do is feed
our misguided idea
that all progress is positive
no matter how dear
the cost turns out to be
for society

for you and me eventually

INSIDE

Rain at the window
I'm here in my room
It's like a cocoon
A comforting womb
But I'm going out soon
so I'll need my umbrella

RANDOM THOUGHTS IN THE MIND OF A BORED TEENAGER IN 1989

Milk cartons Terry and June Happy Birthday see you soon weathermen salt n shake crisps Giles Brandreth things that don't rhyme Keith Chegwin Anneka Rice **BBC Micros** Fire and ice alcohol free lager French cheeses Citreon 2CVs antisocial sneezes graphic equalisers black bow ties Arthur Neagus Ceri's thighs nurses uniforms soup in a cup trying to finish this poem without giving...

SEMANTICS

Once on the way home from school
I made the mistake of referring to my walkman
and a friend pointed out
that I should not call it that
because only those made by Sony are 'walkmen'
and mine was a different brand
"What is this then?" I asked
waving it at him
"A personal stereo," he said
"Is there any need to be that pedantic?" I inquired
"It's not a Walkman, it's a personal stereo" he repeated

It occurs to me that we cannot have been

the only ones to have ever had this pointless conversation
I expect that more recently
some younger people have had a similar conversation
regarding the i-pod/mp3 player situation

THE ALL TOO COMMON ROOM

Where do you go when you're bored out of your mind
There's nothing to do, as you will soon find
If you're looking for an atmosphere of gloom
Look no further than St. Cyres common room

It's always full of people killing time It really is a dump, it really is a crime Do they just let us in this awful place? No, they make us prefects to save their face

THE FUTILITY OF FIRE DRILLS

There's going to be a fire drill in a minute.
I've put all my stuff away
and now I'm waiting...
waiting...

What is the point?
We all know there's going to be a fire drill so there's no surprise no point

It's supposed to be a practice to see how we would cope in a real fire situation
But nobody moves fast enough because they know it's only a drill and they don't give a toss.

I bet they're only having a fire drill because they know
I have no lessons and they want me to stay in the library all day
writing poems about staying in the library all day
The school register may be a legal document
but it's still the most exaggerated piece of fiction
since the unemployment figures
There aren't any real people here at all
I don't know, Thatcher's bloody Britain

THE KNAP

When I was five
my father took me to a lake
to feed the swans
One of them rose gracefully out of the water
and almost bit my face off

BLAIR

There was a young man called Blair who once had plenty of hair
After ten years in power he saw with a glower

that most of it just wasn't there

But confidence he did not lack in deciding to invade Iraq but when he was hated not congratulated he left and hasn't come back

THIS IS CALLED 'SIMPLY'

Today I was chased by a quantity of rabbits. Somewhere between 31 and 107 I'd just emerged from the greengrocers and I suspect they were enticed by the carrots that lingered within my carrier bag I tried to explain to them that I needed them for a stew the carrots that is, not the rabbits themselves I did once see diced rabbit for sale in Iceland, the shop not the country but I didn't buy any because I once had rabbits as pets and I could no more eat a rabbit than I could eat a cat or a dog Or a tortoise I've never had a pet tortoise but I still couldn't eat one I did eat horse meat in France which was delicious, the meat not the country I've never had a horse as a pet, but one of them did try to eat my dinky toy bat mobile outside a newsagents in 1977, so I was quite happy to eat a horse burger for breakfast Besides, any animal that can be cruel enough to kill Superman and Roy Kinnear deserves everything they get Anyway, I explained to the rabbits that I needed the carrots for a stew and that I only had 3 carrots anyway which wouldn't go far among between 31 and 107 rabbits and would in all probability lead to some rabbit on rabbit internecine violence Nevertheless, despite the logic of my argument the rabbits continued to follow me. I was getting close to my house by now and began to worry because I didn't want these between 31 and 107 rabbits to know my address I dodged down some back streets and managed to outrun them I enjoyed my stew that evening which contained exactly the right amount of carrots thus vindicating my earlier argument but later I was troubled by strange dreams where I had very small feet and white fur

TRAGEDY PLUS TIME

very small feet and white fur.

Tragedy plus time equals comedy that's what I have heard said but how long do you have to wait after the subject is dead before you can make jokes about them

Some people still get shirty

if you mention Jesus no sense of perspective those insane believers

but if you believe all that nonsense then you don't think he's actually dead he's still passing around the fish he's still passing around the bread and making sure everyone's fed but nobody ever saw Jesus passing around the cheeses

THE ZEBRA BREAKFAST INCIDENT

The table has been laid
There's milk in the jug
The zebras are seated
One of them has some fruit and fibre
One of them opts for strawberry crisp
Another reaches for the cornflakes
But oh dear – what's happened here?
Only a few crumbs remain

Somebody has replaced an essentially empty packet in the cupboard and failed to inform everyone that they're out of cornflakes

In the meantime, the other 2 have begun their respective cereals and emptied both the strawberry crisp and fruit and fibre

This means one of them has to go without breakfast

Oh dear – it's going to kick off now

"Why is it always me who has to go to the shops?" cries Barry in as petulant a way as a zebra

with it's limited facial expression and limb control can muster

Domestic harmony is now precarious
Until one of the others points out the chocolate gateaux
which is hidden at the back of the freezer
and can be defrosted in the microwave in a relatively short space of time
And so the incident ends with Barry eating a large plate of chocolate gateaux
but pretending outwardly that he's not enjoying it
so as to make the others feel guilty
He also resolves to hide his own secret stash of cornflakes
under his bed from now on
in order to avoid this or a similar situation
occurring in the near or not quite so near future

THE BALLAD OF TONY BLAIR

Who are you?
To take the moral high ground
Who are you?
To spin us all around
Who are you?
To tell me what to think
Who are you?
To tell me what to drink

Who are you?
To tell me what to eat
Who are you?
So bitter in defeat
Who are you?
At night you talk to god
Who are you?
On us all you trod
Who are you?
A top the greasy pole
Who are you?
Good job there is no soul

You've never lived in the real world and so my voice remains unheard you've never struggled to pay the bills you've never lived with real life's ills

Insulting my
intelligence each day
blame us when things
don't go your way
we're characters in
your farcical play
I wish you'd choke
on the shit you say

Who are you?
A genocidal liar
if there was a hell
you'd burn in it's fire

WHOSE MORALITY IS IT ANYWAY?

Why are people who are killed always innocent?
Why is a man's life worth more if he was father of three?

Today there was a murder
a man was arrested
I know that you probably
won't be interested
but the man who committed
this terrible crime
never had a mental illness
at any time
He wasn't unemployed
he wasn't on drugs
he wasn't one of those

ubiquitous hooded thugs
He was a regular person
just like you and me
an unpalatable truth
I think you'll agree
So he won't make the news
you'll keep him out of the way
and wait for a schizophrenic
so you can all say
another nutter killed today
let's lock the fucking scum away

ZEITGEIST

Always an end to every trend predictable and risible don't follow it ignore that shit forge your own path have the last laugh wear your own clothes don't flock in droves to copy your friends in the latest trends disposable regrettable fashionable despicable maleable forgetable plastic people

ELUSIVE MUSE

The Universe is my muse
It's the only one I use
My creative spark needs a fuse
So what have I to lose?

The stars reflect their light And I try with all my might To set imagination in flight In a sense, this is my plight

Because there's nobody at home To read my latest tome So I always write alone This solitude to which I'm prone

> So I search the universe Break my solitary curse I guess it could be worse

It has given me this verse

The ideas always come Like the answer to a sum My imagination never fails It always tells me tales

I'm never stuck for words
The ideas always flow
Like the worms that feed the birds
It is always, ever so

My mind feeds itself
Like a greedy child with sweets
No ideas left on the shelf
I finish all creative treats
So my inspiration is life
Through the happiness and strife
I will always, always write
Even when I'm feeling shite

Mostly I'm talking to myself But I'm always fine with that Cos I've lived alone for years Though I used to have a cat

It's the process that I love
I don't need validation
I know when I've written well
And that's plenty consolation

So I'm writing to myself I guess
I'm writing just for me
I don't want to be famous
But I would quite like some money

So my tribute's to the Universe
Not one person or thing
The infinity of space-time
That's made of tiny string
It's the only muse I need
For my imagination to feed
And evolve each tiny seed
Into a nice story, novel, poem or some other form of writing

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